



Brookdale

HEALTH HYDRO

Your Wellness Destination

2020 RATES

VALID 05 JAN - 19 DEC 2020



FOREST SUITE



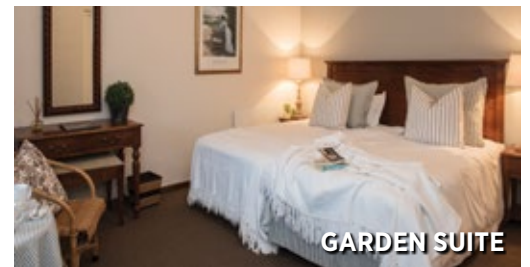
FOREST SUITE

ACCOMMODATION TYPES

Standard Room	Room with en-suite bathroom.
Standard Room with TV	Room with en-suite bathroom and a TV.
Garden Suite	This is larger than a Standard Room, has a TV, tea-making facilities and an en-suite bathroom with bath and shower.
Fountain Suite	This suite is large, has a TV, fireplace, ceiling fan, lounge area and tea making facilities. The en-suite bathroom has a spa bath and shower.
Courtyard Suite	Looks out onto garden courtyard and is near the main facilities. Underfloor heating throughout, fireplace, ceiling fan and tea-making facilities. The separate lounge has a TV with DSTV. Two double beds, bathroom with a bath and shower, and separate toilet.
Forest Suite	This private, luxurious suite has a lounge with fireplace. The lounge leads out onto a balcony overlooking the forest. Under carpet heating in the bedroom. This air-conditioned suite has a TV with DSTV, tea-making facilities, spa bath and shower.



STANDARD ROOM



GARDEN SUITE



FOUNTAIN SUITE

All our rooms are supplied with fans and hairdryers as well as electric blankets, heaters and heated towel rails to ensure a warm, cosy atmosphere in winter.

Rooms with TV have SABC 1, 2 & 3, E-TV, M-Net, M-Net Movie channels, all SuperSport channels as well as a weather channel.



COURTYARD SUITE



COURTYARD SUITE

Tel: 033 266 6208 | Cell: 082 906 0842

info@brookdale.co.za www.brookdale.co.za

Nottingham Road KwaZulu-Natal Midlands South Africa





TWO NIGHT QUICK ESCAPE



TREATMENT INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

ENQUIRE NOW

A 2 NIGHT TONIC & TASTE OF BROOKDALE

SUNDAY TO TUESDAY
OR
THURSDAY TO SATURDAY

A quick, healthy top up. These two nights will give you a taste of what Brookdale has to offer.

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

PACKAGE RATES FOR THE FULL TWO NIGHTS

VALID 05 JAN - 19 DECEMBER 2020

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 4 400	R 4 100
STANDARD WITH TV	R 4 700	R 4 300
GARDEN SUITE	R 5 400	R 4 800
FOUNTAIN SUITE	R 6 900	R 4 900
COURTYARD SUITE	R 6 900	R 4 900
FOREST SUITE	R 7 800	R 6 100

THREE NIGHT BREAKAWAY



TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage
- 1 Express Facial

ENQUIRE NOW

3 NIGHTS TO CATCH YOUR BREATH

SUNDAY TO WEDNESDAY
OR
WEDNESDAY TO SATURDAY

A shorter stay to refresh and re-energise.

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
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UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

PACKAGE RATES FOR THE FULL THREE NIGHTS

VALID 05 JAN - 19 DECEMBER 2020

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 6 600	R 6 150
STANDARD WITH TV	R 7 050	R 6 450
GARDEN SUITE	R 8 100	R 7 200
FOUNTAIN SUITE	R 10 350	R 7 350
COURTYARD SUITE	R 10 350	R 7 350
FOREST SUITE	R 11 700	R 9 150

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.



FOUR NIGHT BLISSFUL RETREAT



TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage
- 1 Reflexology
- 1 Express Facial

ENQUIRE NOW

4 NIGHTS TO REFRESH MIND & BODY

SUNDAY TO THURSDAY
OR
TUESDAY TO SATURDAY

Our indulgent 4 night stay is the perfect escape from demanding every day stress.

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- Daily aquacise classes
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UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

PACKAGE RATES FOR THE FULL FOUR NIGHTS

VALID 05 JAN - 19 DECEMBER 2020

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 8 800	R 8 200
STANDARD WITH TV	R 9 400	R 8 600
GARDEN SUITE	R 10 800	R 9 600
FOUNTAIN SUITE	R 13 800	R 9 800
COURTYARD SUITE	R 13 800	R 9 800
FOREST SUITE	R 15 600	R 12 200

SIX NIGHT R & R GETAWAY



TREATMENTS INCLUDED PER PERSON:

- 2 Swedish Full Body Massages
- 1 Aromatherapy Full Body Massage
- 1 Express Facial

ENQUIRE NOW

6 NIGHTS TO RELAX & RE-ENERGISE

SUNDAY TO SATURDAY

This is the perfect antidote to stressful modern living.

You are guided through a process that ensures complete relaxation, recuperation and rejuvenation; and empowers you with the knowledge and skills to make realistic, healthy changes in your life.

PACKAGE INCLUDES:

- Accommodation in the scenic country
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UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

PACKAGE RATES FOR THE FULL SIX NIGHTS

VALID 05 JAN - 19 DECEMBER 2020

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 13 200	R 12 300
STANDARD WITH TV	R 14 100	R 12 900
GARDEN SUITE	R 16 200	R 14 400
FOUNTAIN SUITE	R 20 700	R 14 700
COURTYARD SUITE	R 20 700	R 14 700
FOREST SUITE	R 23 400	R 18 300

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

2020 OUT OF SEASON PACKAGES



ONLY APPLIES TO 3 & 6 NIGHT STAYS

19 – 25 Jan	22 – 28 Mar	15 – 18 Apr	10 – 16 May	26 Jul – 01 Aug
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THREE NIGHT BREAKAWAY



TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage
- 1 Express Facial

ENQUIRE NOW

3 NIGHTS TO CATCH YOUR BREATH

SUNDAY TO WEDNESDAY
OR
WEDNESDAY TO SATURDAY

A shorter stay to refresh and re-energise.

PACKAGE INCLUDES:

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- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
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- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi | sauna
steam room | gym | outdoor pool
labyrinth | studio | reflexology path

PACKAGE RATES FOR THE FULL THREE NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 6 000	R 4 950
STANDARD WITH TV	R 6 300	R 5 100
GARDEN SUITE	R 7 350	R 5 700
FOUNTAIN SUITE	R 9 300	R 5 850
COURTYARD SUITE	R 9 300	R 5 850
FOREST SUITE	R 10 500	R 7 350

SIX NIGHT R & R GETAWAY



TREATMENTS INCLUDED PER PERSON:

- 2 Swedish Full Body Massages
- 1 Aromatherapy Full Body Massage
- 1 Express Facial

ENQUIRE NOW

6 NIGHTS TO RELAX & RE-ENERGISE

SUNDAY TO SATURDAY

This is the perfect antidote to stressful modern living. You are guided through a process that ensures complete relaxation, recuperation and rejuvenation; and empowers you with the knowledge and skills to make realistic, healthy changes in your life.

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UNLIMITED USE OF ALL FACILITIES

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steam room | gym | outdoor pool
labyrinth | studio | reflexology path

PACKAGE RATES FOR THE FULL SIX NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 12 000	R 9 900
STANDARD WITH TV	R 12 600	R 10 200
GARDEN SUITE	R 14 700	R 11 400
FOUNTAIN SUITE	R 18 600	R 11 700
COURTYARD SUITE	R 18 600	R 11 700
FOREST SUITE	R 21 000	R 14 700

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.



Get the Spring Back into your Step with
**BROOKDALE'S SENSATIONAL
 SPRING SPECIAL**

KICK START HEALTHY LIVING & GET INTO SHAPE WITH OUR GREAT SAVINGS...

**DISCOUNTED HYDRO ACCOMMODATION RATES
 FOR SEPTEMBER, OCTOBER & NOVEMBER**

PACKAGE RATES FOR THE FULL 3 NIGHTS		
ROOM TYPE <small>Incl: 1 x Swedish Massage & 1 x Express Facial</small>	Single	Double <small>(Sharing PP)</small>
STANDARD ROOM	R 6 000	R 4 950
STANDARD WITH TV	R 6 300	R 5 100
GARDEN SUITE	R 7 350	R 5 700
FOUNTAIN SUITE	R 9 300	R 5 850
COURTYARD SUITE	R 9 300	R 5 850
FOREST SUITE	R 10 500	R 7 350

PACKAGE RATES FOR THE FULL 6 NIGHTS		
ROOM TYPE <small>Incl: 2 x Swedish & 1 x Aroma Massage & 1 x Express Facial</small>	Single	Double <small>(Sharing PP)</small>
STANDARD ROOM	R 12 000	R 9 900
STANDARD WITH TV	R 12 600	R 10 200
GARDEN SUITE	R 14 700	R 11 400
FOUNTAIN SUITE	R 18 600	R 11 700
COURTYARD SUITE	R 18 600	R 11 700
FOREST SUITE	R 21 000	R 14 700

APPLIES TO 3 & 6 NIGHT STAYS. VALID 30 AUGUST - 28 NOVEMBER 2020.

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

2020 SPECIAL INTEREST GETAWAYS



ART THERAPY GETAWAY



3 NIGHT YOGA GETAWAY



6 NIGHT YOGA GETAWAY



GUT REHAB INTRO



GUT REHAB WEEK



SELF-CARE GETAWAY



Celebrate with us and make the most of...

BROOKDALE'S BIRTHDAY MADNESS

TO CELEBRATE OUR 28TH BIRTHDAY WE ARE GIVING OUR GUESTS A HUGE DISCOUNT.

Applies to 3 and 6 night stays and shared accommodation only.

VALID 02 FEBRUARY – 07 MARCH 2020

3 NIGHT PACKAGE RATE

ROOM TYPE	Double (Sharing PP)
Incl: 1 x Swedish Massage & 1 x Express Facial	
STANDARD ROOM	R 4 300
STANDARD WITH TV	R 4 500
GARDEN SUITE	R 5 050
FOUNTAIN SUITE	R 5 150
COURTYARD SUITE	R 5 150
FOREST SUITE	R 6 400

6 NIGHT PACKAGE RATE

ROOM TYPE	Double (Sharing PP)
Incl: 2 x Swedish & 1 x Aroma Massage & 1 x Express Facial	
STANDARD ROOM	R 8 600
STANDARD WITH TV	R 9 000
GARDEN SUITE	R 10 100
FOUNTAIN SUITE	R 10 300
COURTYARD SUITE	R 10 300
FOREST SUITE	R 12 800

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

2020 EASTER SPECIAL – STAY 4 PAY 3

INDULGE IN A 4 NIGHT PRE-EASTER STAY
FOR THE PRICE OF A 3 NIGHT STAY.

Sunday 05 April – Thursday 09 April 2020

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

PACKAGE RATES FOR THE FULL FOUR NIGHTS

TREATMENTS INCLUDED : 1 Swedish Massage & 1 Express Facial

	Single	Double (Sharing PP)
STANDARD ROOM	R 6 600	R 6 150
STANDARD WITH TV	R 7 050	R 6 450
GARDEN SUITE	R 8 100	R 7 200
FOUNTAIN SUITE	R 10 350	R 7 350
COURTYARD SUITE	R 10 350	R 7 350
FOREST SUITE	R 11 700	R 9 150

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

BROOKDALE HEALTH HYDRO (PTY) LTD
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P O Box 109, Nottingham Road 3280
KwaZulu-Natal, South Africa
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E-mail: info@brookdale.co.za

Registered Members: AJ Somers-Cox, WM Somers-Cox



ONLINE BOOKINGS

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