



# Brookdale

HEALTH HYDRO

*Your Wellness Destination*

## 2020 RATES

VALID 30 AUG - 19 DEC 2020



**FOREST SUITE**



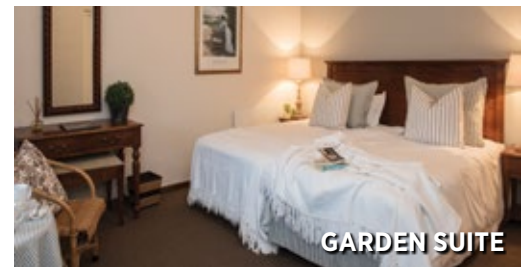
**FOREST SUITE**

## ACCOMMODATION TYPES

Standard Room	Room with en-suite bathroom.
Standard Room with TV	Room with en-suite bathroom and a TV.
Garden Suite	This is larger than a Standard Room, has a TV, tea-making facilities and an en-suite bathroom with bath and shower.
Fountain Suite	This suite is large, has a TV, fireplace, ceiling fan, lounge area and tea making facilities. The en-suite bathroom has a spa bath and shower.
Courtyard Suite	Looks out onto garden courtyard and is near the main facilities. Underfloor heating throughout, fireplace, ceiling fan and tea-making facilities. The separate lounge has a TV with DSTV. Two double beds, bathroom with a bath and shower, and separate toilet.
Forest Suite	This private, luxurious suite has a lounge with fireplace. The lounge leads out onto a balcony overlooking the forest. Under carpet heating in the bedroom. This air-conditioned suite has a TV with DSTV, tea-making facilities, spa bath and shower.



**STANDARD ROOM**



**GARDEN SUITE**



**FOUNTAIN SUITE**

All our rooms are supplied with fans and hairdryers as well as electric blankets, heaters and heated towel rails to ensure a warm, cosy atmosphere in winter.

Rooms with TV have SABC 1, 2 & 3, E-TV, M-Net, M-Net Movie channels, all SuperSport channels as well as a weather channel.



**COURTYARD SUITE**



**COURTYARD SUITE**



Tel: 033 266 6208 | Cell: 082 906 0842

[info@brookdale.co.za](mailto:info@brookdale.co.za) [www.brookdale.co.za](http://www.brookdale.co.za)

Nottingham Road KwaZulu-Natal Midlands South Africa



# BROOKDALE SENSATIONAL SPRING SPECIAL

SEPTEMBER VALIDITY : 30 AUGUST – 03 OCTOBER 2020



## THREE NIGHT BREAKAWAY



### TREATMENT INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

**ENQUIRE NOW**

## 3 NIGHTS TO CATCH YOUR BREATH

SUNDAY TO WEDNESDAY  
OR  
WEDNESDAY TO SATURDAY

*A shorter stay to refresh and re-energise.*

### PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

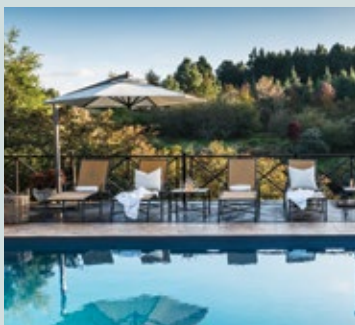
### USE OF ALL FACILITIES

- Indoor heated pool
- Jacuzzi
- Sauna
- Steam room
- Outdoor pool
- Labyrinth
- Studio
- Reflexology path
- Gym

## PACKAGE RATES FOR THE FULL THREE NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 4 950	R 4 650
STANDARD WITH TV	R 5 250	R 4 800
GARDEN SUITE	R 6 000	R 5 400
FOUNTAIN SUITE	R 7 800	R 5 550
COURTYARD SUITE	R 7 800	R 5 550
FOREST SUITE	R 8 700	R 6 900

## SIX NIGHT R & R GETAWAY



### TREATMENTS INCLUDED PER PERSON:

- 2 Swedish Full Body Massages

**ENQUIRE NOW**

## 6 NIGHTS TO RELAX & RE-ENERGISE

SUNDAY TO SATURDAY

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*You are guided through a process that ensures complete relaxation, recuperation and rejuvenation; and empowers you with the knowledge and skills to make realistic, healthy changes in your life.*

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### USE OF ALL FACILITIES

- Indoor heated pool
- Jacuzzi
- Sauna
- Steam room
- Outdoor pool
- Labyrinth
- Studio
- Reflexology path
- Gym

## PACKAGE RATES FOR THE FULL SIX NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 9 900	R 9 300
STANDARD WITH TV	R 10 500	R 9 600
GARDEN SUITE	R 12 000	R 10 800
FOUNTAIN SUITE	R 15 600	R 11 100
COURTYARD SUITE	R 15 600	R 11 100
FOREST SUITE	R 17 400	R 13 800

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.



# BROOKDALE ULTIMATE 'ME' TIME PACKAGES

SEPTEMBER VALIDITY : 30 AUGUST – 03 OCTOBER 2020



## TWO NIGHT QUICK ESCAPE



### TREATMENT INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

**ENQUIRE NOW**

## A 2 NIGHT TONIC & TASTE OF BROOKDALE

SUNDAY TO TUESDAY  
OR  
THURSDAY TO SATURDAY

*A quick, healthy top up. These two nights will give you a taste of what Brookdale has to offer.*

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- Daily aquacise classes
- Guided relaxation classes
- Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

### USE OF ALL FACILITIES

- Indoor heated pool
- Jacuzzi
- Sauna
- Steam room
- Outdoor pool
- Labyrinth
- Studio
- Reflexology path
- Gym

## PACKAGE RATES FOR THE FULL TWO NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 4 400	R 4 100
STANDARD WITH TV	R 4 700	R 4 300
GARDEN SUITE	R 5 400	R 4 800
FOUNTAIN SUITE	R 6 900	R 4 900
COURTYARD SUITE	R 6 900	R 4 900
FOREST SUITE	R 7 800	R 6 100

## FOUR NIGHT BLISSFUL RETREAT



### TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

**ENQUIRE NOW**

## 4 NIGHTS TO REFRESH MIND & BODY

SUNDAY TO THURSDAY  
OR  
TUESDAY TO SATURDAY

*Our indulgent 4 night stay is the perfect escape from demanding every day stress.*

### PACKAGE INCLUDES:

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### USE OF ALL FACILITIES

- Indoor heated pool
- Jacuzzi
- Sauna
- Steam room
- Outdoor pool
- Labyrinth
- Studio
- Reflexology path
- Gym

## PACKAGE RATES FOR THE FULL FOUR NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 7 150	R 6 700
STANDARD WITH TV	R 7 600	R 6 950
GARDEN SUITE	R 8 700	R 7 800
FOUNTAIN SUITE	R 11 250	R 8 000
COURTYARD SUITE	R 11 250	R 8 000
FOREST SUITE	R 12 600	R 9 950

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

# BROOKDALE SENSATIONAL SPRING SPECIAL

OCTOBER & NOVEMBER VALIDITY : 04 OCTOBER – 28 NOVEMBER 2020



## THREE NIGHT BREAKAWAY



### TREATMENT INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

**ENQUIRE NOW**

## 3 NIGHTS TO CATCH YOUR BREATH

SUNDAY TO WEDNESDAY  
OR  
WEDNESDAY TO SATURDAY

*A shorter stay to refresh and re-energise.*

### PACKAGE INCLUDES:

- Accommodation in the scenic country
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- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

### USE OF ALL FACILITIES

- Indoor heated pool
- Jacuzzi
- Sauna
- Steam room
- Outdoor pool
- Labyrinth
- Studio
- Reflexology path
- Gym

## PACKAGE RATES FOR THE FULL THREE NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 5 250	R 4 950
STANDARD WITH TV	R 5 700	R 5 100
GARDEN SUITE	R 6 450	R 5 700
FOUNTAIN SUITE	R 8 250	R 5 850
COURTYARD SUITE	R 8 250	R 5 850
FOREST SUITE	R 9 300	R 7 350

## SIX NIGHT R & R GETAWAY



### TREATMENTS INCLUDED PER PERSON:

- 2 Swedish Full Body Massages

**ENQUIRE NOW**

## 6 NIGHTS TO RELAX & RE-ENERGISE

SUNDAY TO SATURDAY

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- Guided relaxation classes
- Pilates
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- Free Wi-Fi

### USE OF ALL FACILITIES

- Indoor heated pool
- Jacuzzi
- Sauna
- Steam room
- Outdoor pool
- Labyrinth
- Studio
- Reflexology path
- Gym

## PACKAGE RATES FOR THE FULL SIX NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 10 500	R 9 900
STANDARD WITH TV	R 11 400	R 10 200
GARDEN SUITE	R 12 900	R 11 400
FOUNTAIN SUITE	R 16 500	R 11 700
COURTYARD SUITE	R 16 500	R 11 700
FOREST SUITE	R 18 600	R 14 700

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.



# BROOKDALE ULTIMATE 'ME' TIME PACKAGES

OCTOBER & NOVEMBER VALIDITY : 04 OCTOBER – 28 NOVEMBER 2020



## TWO NIGHT QUICK ESCAPE



### TREATMENT INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

**ENQUIRE NOW**

## A 2 NIGHT TONIC & TASTE OF BROOKDALE

SUNDAY TO TUESDAY  
OR  
THURSDAY TO SATURDAY

*A quick, healthy top up. These two nights will give you a taste of what Brookdale has to offer.*

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- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

### USE OF ALL FACILITIES

- Indoor heated pool
- Jacuzzi
- Sauna
- Steam room
- Outdoor pool
- Labyrinth
- Studio
- Reflexology path
- Gym

## PACKAGE RATES FOR THE FULL TWO NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 4 400	R 4 100
STANDARD WITH TV	R 4 700	R 4 300
GARDEN SUITE	R 5 400	R 4 800
FOUNTAIN SUITE	R 6 900	R 4 900
COURTYARD SUITE	R 6 900	R 4 900
FOREST SUITE	R 7 800	R 6 100

## FOUR NIGHT BLISSFUL RETREAT



### TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

**ENQUIRE NOW**

## 4 NIGHTS TO REFRESH MIND & BODY

SUNDAY TO THURSDAY  
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- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

### USE OF ALL FACILITIES

- Indoor heated pool
- Jacuzzi
- Sauna
- Steam room
- Outdoor pool
- Labyrinth
- Studio
- Reflexology path
- Gym

## PACKAGE RATES FOR THE FULL FOUR NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 7 450	R 7 000
STANDARD WITH TV	R 8 050	R 7 250
GARDEN SUITE	R 9 150	R 8 100
FOUNTAIN SUITE	R 11 700	R 8 300
COURTYARD SUITE	R 11 700	R 8 300
FOREST SUITE	R 13 200	R 10 400

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# BROOKDALE ULTIMATE 'ME' TIME PACKAGES

DECEMBER VALIDITY : 29 NOVEMBER – 19 DECEMBER 2020



## TWO NIGHT QUICK ESCAPE



### TREATMENT INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

**ENQUIRE NOW**

## A 2 NIGHT TONIC & TASTE OF BROOKDALE

SUNDAY TO TUESDAY  
OR  
THURSDAY TO SATURDAY

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- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

### UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi  
sauna | steam room | gym  
outdoor pool | labyrinth  
studio | reflexology path

### PACKAGE RATES FOR THE FULL TWO NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 4 400	R 4 100
STANDARD WITH TV	R 4 700	R 4 300
GARDEN SUITE	R 5 400	R 4 800
FOUNTAIN SUITE	R 6 900	R 4 900
COURTYARD SUITE	R 6 900	R 4 900
FOREST SUITE	R 7 800	R 6 100

## THREE NIGHT BREAKAWAY



### TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage
- 1 Express Facial

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## 3 NIGHTS TO CATCH YOUR BREATH

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- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

### UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi  
sauna | steam room | gym  
outdoor pool | labyrinth  
studio | reflexology path

### PACKAGE RATES FOR THE FULL THREE NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 6 600	R 6 150
STANDARD WITH TV	R 7 050	R 6 450
GARDEN SUITE	R 8 100	R 7 200
FOUNTAIN SUITE	R 10 350	R 7 350
COURTYARD SUITE	R 10 350	R 7 350
FOREST SUITE	R 11 700	R 9 150

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# BROOKDALE ULTIMATE 'ME' TIME PACKAGES

DECEMBER VALIDITY : 29 NOVEMBER – 19 DECEMBER 2020



## FOUR NIGHT BLISSFUL RETREAT



### TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage
- 1 Reflexology
- 1 Express Facial

**ENQUIRE NOW**

## 4 NIGHTS TO REFRESH MIND & BODY

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TUESDAY TO SATURDAY

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- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

### UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

## PACKAGE RATES FOR THE FULL FOUR NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 8 800	R 8 200
STANDARD WITH TV	R 9 400	R 8 600
GARDEN SUITE	R 10 800	R 9 600
FOUNTAIN SUITE	R 13 800	R 9 800
COURTYARD SUITE	R 13 800	R 9 800
FOREST SUITE	R 15 600	R 12 200

## SIX NIGHT R & R GETAWAY



### TREATMENTS INCLUDED PER PERSON:

- 2 Swedish Full Body Massages
- 1 Aromatherapy Full Body Massage
- 1 Express Facial

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## 6 NIGHTS TO RELAX & RE-ENERGISE

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- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

### UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

## PACKAGE RATES FOR THE FULL SIX NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 13 200	R 12 300
STANDARD WITH TV	R 14 100	R 12 900
GARDEN SUITE	R 16 200	R 14 400
FOUNTAIN SUITE	R 20 700	R 14 700
COURTYARD SUITE	R 20 700	R 14 700
FOREST SUITE	R 23 400	R 18 300

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