



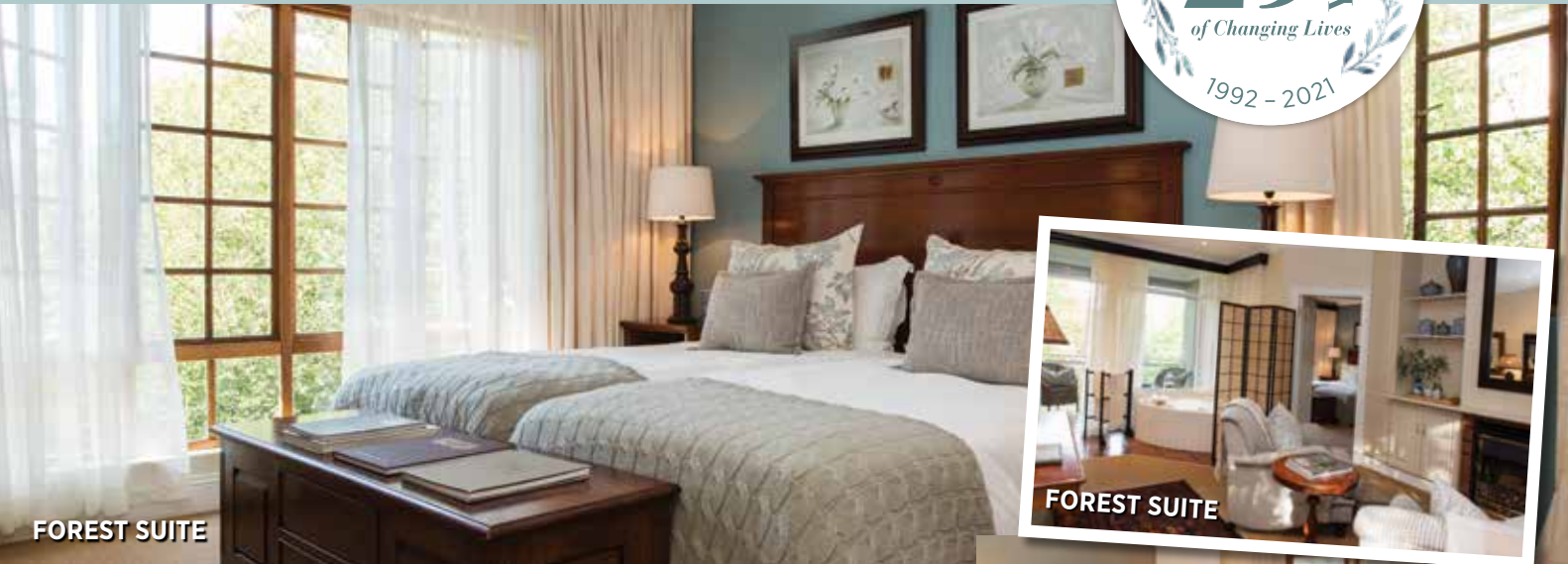
Brookdale

HEALTH HYDRO

Your Wellness Destination

2021 RATES

VALID : 28 FEB TO 18 DEC



ACCOMMODATION TYPES

Standard Room	Room with en-suite bathroom.
Standard Room with TV	Room with en-suite bathroom and a TV.
Garden Suite	This is larger than a Standard Room, has a TV, tea-making facilities and an en-suite bathroom with bath and shower.
Fountain Suite	This suite is large, has a TV, fireplace, ceiling fan, lounge area and tea making facilities. The en-suite bathroom has a spa bath and shower.
Courtyard Suite	Looks out onto garden courtyard and is near the main facilities. Underfloor heating throughout, fireplace, ceiling fan and tea-making facilities. The separate lounge has a TV with DSTV. Two double beds, bathroom with a bath and shower, and separate toilet.
Forest Suite	This private, luxurious suite has a lounge with fireplace. The lounge leads out onto a balcony overlooking the forest. Under carpet heating in the bedroom. This air-conditioned suite has a TV with DSTV, tea-making facilities, spa bath and shower.

All our rooms are supplied with fans and hairdryers as well as electric blankets, heaters and heated towel rails to ensure a warm, cosy atmosphere in winter.



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Nottingham Road KwaZulu-Natal Midlands South Africa



BROOKDALE ULTIMATE 'ME' TIME PACKAGES

VALIDITY : 28 FEBRUARY TO 18 DECEMBER 2021



TWO NIGHT QUICK ESCAPE



TREATMENT INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

ENQUIRE NOW

SUBJECT TO AVAILABILITY

A 2 NIGHT TONIC & TASTE OF BROOKDALE

**SUNDAY TO TUESDAY
OR
THURSDAY TO SATURDAY**

A quick, healthy top up. These two nights will give you a taste of what Brookdale has to offer.

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

PACKAGE RATES FOR THE FULL TWO NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 4 700	R 4 350
STANDARD WITH TV	R 5 060	R 4 600
GARDEN SUITE	R 5 760	R 5 100
FOUNTAIN SUITE	R 7 300	R 5 750
COURTYARD SUITE	R 7 300	R 5 750
FOREST SUITE	R 8 300	R 6 400

THREE NIGHT BREAKAWAY



TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage
- 1 Express Facial

ENQUIRE NOW

3 NIGHTS TO CATCH YOUR BREATH

**SUNDAY TO WEDNESDAY
OR
WEDNESDAY TO SATURDAY**

A shorter stay to refresh and re-energise.

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

PACKAGE RATES FOR THE FULL THREE NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 7 050	R 6 525
STANDARD WITH TV	R 7 590	R 6 900
GARDEN SUITE	R 8 640	R 7 650
FOUNTAIN SUITE	R 10 950	R 8 625
COURTYARD SUITE	R 10 950	R 8 625
FOREST SUITE	R 12 450	R 9 600

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

BROOKDALE ULTIMATE 'ME' TIME PACKAGES

VALIDITY : 28 FEBRUARY TO 18 DECEMBER 2021



SIX NIGHT R & R GETAWAY



TREATMENTS INCLUDED PER PERSON:

- 2 Swedish Full Body Massages
- 1 Aromatherapy Full Body Massage
- 1 Express Facial
- A Brookdale Health Box

ENQUIRE NOW

6 NIGHTS TO RELAX & RE-ENERGISE

SUNDAY TO SATURDAY

This is the perfect antidote to stressful modern living.

You are guided through a process that ensures complete relaxation, recuperation and rejuvenation; and empowers you with the knowledge and skills to make realistic, healthy changes in your life.

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi
sauna | steam room | gym
outdoor pool | labyrinth
studio | reflexology path

PACKAGE RATES FOR THE FULL SIX NIGHTS

Room Type	Single	Double (Sharing PP)
STANDARD ROOM	R 14 100	R 13 050
STANDARD WITH TV	R 15 180	R 13 800
GARDEN SUITE	R 17 280	R 15 300
FOUNTAIN SUITE	R 21 900	R 17 250
COURTYARD SUITE	R 21 900	R 17 250
FOREST SUITE	R 24 900	R 19 200



2021 EASTER SPECIAL - STAY 4 PAY 3

INDULGE IN A 4 NIGHT PRE-EASTER STAY FOR THE PRICE OF A 3 NIGHT STAY.

Sunday 28 March - Thursday 01 April 2021

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

PACKAGE RATES FOR THE FULL FOUR NIGHTS

TREATMENTS INCLUDED : 1 Swedish Massage & 1 Express Facial

	Single	Double (Sharing PP)
STANDARD ROOM	R 7 050	R 6 525
STANDARD WITH TV	R 7 590	R 6 900
GARDEN SUITE	R 8 640	R 7 650
FOUNTAIN SUITE	R 10 950	R 8 625
COURTYARD SUITE	R 10 950	R 8 625
FOREST SUITE	R 12 450	R 9 600

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

